



Marshfield School District Wellness Committee Minutes

Date: Tuesday, October 25, 2016

Location: Marshfield High School Library

Time: 3:30 p.m. –4:30 p.m.

Attendees: Laura Zelenak, Megan Rheaume-Brand, Theresa Balinghasay, Stacey Weichelt, Deb Englehart, Kendra Ferreyra, Sarah Salewski, Jeremy Erickson, Josh Miller

- 1) Welcome and Introductions
- 2) Review September Minutes
 - a. The September minutes were reviewed and accepted. No changes were made.
- 3) Wellness Bags Update – Middle/High School
 - a. High School – Bags were collected by Tami and distributed at the last staff meeting.
- 4) Farm to School Update
 - a. Great Lakes Apple Crunch – All apples were donated by Berryland Farms (Auburndale)
 - b. Midwest Menu – Happened October 6; included homemade hot dog buns, Hewitt meat hot dogs, carrots, cranberries, and milk
 - c. Stacey updated the group to add that potatoes, apples, cucumbers, peppers, mushrooms, radishes, and cheese are all procured locally and are often featured in the school lunch menus
 - d. The regional procurement team met this month (10/27), including Marathon, Wood, and Portage Counties, working on promotion of kohlrabi and potatoes
 - e. Laura and Kendra brought up the idea of a “Farmraiser” event, which would partner with Farmshed to bring local foods in for a fundraiser. Products could include maple syrup, cranberries, locally roasted coffee, honey, potatoes, and others. **Action:** Stacey will send idea to school principals and the district fundraising officer.
 - f. Grants for Farm to School – Sarah informed the group that the grant is more for procurement and education rather than school gardens. If more schools are interested in a school garden, it could be worked into the grant. **Action:** Sarah will look for grants specific to school gardens.
 - g. Related – Jeremy Erickson attended meeting on behalf of UW Extension Horticulture to collaborate with F2S. He is there to provide resources and capacity.
- 5) School Gardens Success Story
 - a. Teaching Today in Wisconsin is looking for school gardens success stories, Deb and Barb Gillespie will write about the Washington Outdoor Learning Center



- b. Jeremy asked for a list of schools in Wood County with school gardens. **Action:** Sarah will find older list, update it, and sent it to Jeremy.
- c. The committee discussed ways to promote school gardens in the elementary schools. Potential ideas involved applying for the Lowe’s Hardware Grant, finding school garden champions for each school, partnering with Master Gardeners from UW-Ex, and thinking about schools with summer school programs. **Action:** Kendra will inquire with Brittany King about school gardens at Grant.

6) Walk to School Day Recap

- a. Josh updated the committee on the Walk to School Day event. Overall successful, a question was posed on how to measure how many kids participated, something to consider for future years.
- b. Walk to School Day Challenge going well, Josh will have more updates once the month is over. Marshfield is being recognized in the county for having a successful program; Sarah mentioned that she is in cohorts with WI Rapids to implement a similar program.

7) Food Waste Study Update

- a. Still waiting on Amy Fassler for High School Update.

8) Strategic Planning Meeting

- a. October 27, 8:30 AM- 12:00 PM, Hope Lodge
- b. Stacey and Kendra will attend for the committee.

9) Meeting dates for 2016-17 School Year – end of Agenda

- a. See below.

10) Committee Member Updates

11) HL-MAC Committee Updates

12) Meeting close

Bicycle Rack (from past agendas):

- Governor’s School Health Award application
- Pedal FitDesks
- Healthy concession options at Middle School dances
- Booth at 2015 Children’s Festival (cooking demonstration)
- Staff Physical Activity Program “Mileage Club”
- Marshfield Area Activity Guide – free/inexpensive activities

Future Meetings

11/22, 12/20, 1/24

2/28, 4/18, 5/16

